

# Club Hub Newsletter

## Fall Edition

## September to December 2020

# Boys and Girls Club of Kamloops Updates

After a fun-filled summer, staff at the Club were happy to welcome back Club members in our Power Start, afterschool and, youth programs. While mask-wearing, physical distancing measures, and enhanced cleaning standards are in place, we are all very happy to hear the sound of children laughing and playing back in the Club.

We are also happy to announce we have expanded our Power Start program to Summit Elementary School! We do not offer transportation to Summit at this time but we are excited to say the expansion to this school has been met with great success and we are feeding more than 20 children a healthy breakfast each morning before school.



## BGCK turns 65!

Boys and Girls Club of Kamloops celebrated 65 years in the community this year. While we were unable to celebrate in person, we put together a video highlighting the past six and a half decades serving children, youth, and families in Kamloops. Check out the video in the link below to see how we have grown and changed (especially the styles!) over the years.

<https://www.bgckamloops.com/media>

## Kid Food Nation returns to Lower Sahali Club

Club members at our Lower Sahali Neighbourhood Club (Beattie) participated in the Kid Food Nation program, sponsored by President's Choice Children's Charity. Lower Sahali Club leader, Kelly, taught the children kitchen skills and food safety as they prepared healthy snacks to eat.

The kids learned how to hull strawberries with straws, peel mangoes with a drinking glass, and more. They even made Italian meatballs as a snack. Our members told us this program gave them the confidence to try new foods and help with cooking in their homes.





# Thank you, Daybreak!

We have to give thanks to the Rotary Club of Kamloops Daybreak for their help with replacing the flooring at our Brocklehurst Club (Kay Bingham).

Volunteers from Daybreak came out over a weekend work bee to pull up the old floor and replace it with new vinyl plank flooring. It looks amazing and the Brocklehurst club members were so excited to see the new floors. Thank you, Rotarians!

thank you for your donation

Anonymous x4, United Way Designated Donations, Darren Crundwell, Dawn Fielding, Payton Comazetto, Kamloops Ford Lincoln, St Paul Cathedral, Denise Montgomery, PayPal Giving Fund Canada, CN Employees and Pensioners Community Fund Campaign, Provincial Employees Community Services Fund, Canada Helps- Partner Giving, Gail Cameron, Tina Lange, Geoff Pullen, Ledcor, Aletta Duvenage, Kamloops West Rotary, Daybreak Rotary, Robert and Katie Levis



**Boys and Girls Club of Kamloops is now on Instagram! Follow us @bgckamloops**



## Important Dates

**December 19 to January 3, 2021- Club closed for Christmas Break**

CLOSED



**January 4, 2021 - Regular Club programs resume**



## Our Facebook "silent" auction was a success!

In September, we held a Facebook Auction and we raised more than \$4,600 for Club programs. Thank you to everyone who bid, shared, and purchased everything from musical instruments to sports equipment. We appreciate all the support!