



Boys & Girls Club
of Kamloops

Club Hub Winter 2019/20

WHAT'S NEW AT THE CLUB

Power Start Update

Our Power Start program expanded to Marion Schilling school in February. A healthy breakfast is available to students every morning before school starts. This program is now in five schools: Kay Bingham, AE Perry, Arthur Hatton, Parkcrest, and Marion Schilling. How to Register: Please obtain a referral from your child's school principal if they attend one of the five schools we support.

Spring Break Camps!

Registration for all of our Spring Break Camps is now open! New this Spring Break is our Riding Into Adventure Girls Bike Camp for girls ages 9-13. This camp, which was first offered last summer, allows girls to try out a variety of physical activities, in addition to mountain bike riding. For full details and registration for the bike and other spring break camps, go to our website: bgckamloops.com/news-events or register through Amilia with your account.

Brennan's Ugly Sweater Run 2019

The Boys and Girls Club of Kamloops was once again the recipient of funds raised by Brennan's Ugly Sweater Run. This annual event organized by Payton Comazetto, in memory of her brother Brennan, raised more than \$12,000 for our Power Start program. This amount covers the cost of groceries for the full school year for more than 100 children. Thank you to Payton for her amazing hard work, to all the volunteers, sponsors, and, thank you to all of the participants for their generous donations!



Boys & Girls Club
of Kamloops
A good place to be

Riding Into Adventure Girls Bike Camp



WHEN: March 16-20 @ 8:30 AM - 4:30 PM

WHERE: Meet at John Tod Centre Club

WHO: Girls aged 9 -13

WHAT: Riding Into Adventure is an all-girl environment that invites girls to participate in a variety of creative physical activities. The camp is focused on biking, but will incorporate other activities. Throughout the week, activities will include:

- Mountain biking
- Pound Fitness class at Oxygen Fitness
- Climbing at Cliffside Gym
- Survival skills
- Self Defense
- Hiking
- And more

These activities will challenge the participants, build their confidence, and leave them feeling empowered. We will show the girls how to:

- overcome fears
- set goals
- be active
- celebrate success
- develop confidence when facing peers

The ultimate goal is to help girls discover that active living can be fun.

COST: \$250 -childcare subsidies are available for those eligible.

CAMPERS BRING: Mountain bike and helmet, appropriate footwear and clothing for physical activities, a nutritious lunch, and water.

WE WILL PROVIDE: Transportation to activities and snacks.

**As there is limited space available for this camp, please register ASAP!
A detailed schedule will be provided to those registered prior to camp.**

THANK YOU

PAYTON COMAZETTO & ALL THE 5K RUNNERS & VOLUNTEERS
& SPONSORS OF BRENNAN'S UGLY SWEATER RUN!

Thank you to our donors!

Kevin Gordon, Patrick T. Michaud, Matthew Smith, Lisa Ann Clark, John P. Kenney, Stephanie Howell, Christina B. Cederlof & Richard J. Collins, John Dumbrell, Taylor Boucher, Jaime Adam, Poala Monsalve, Brittany Cameron, Angelina Young, Stephanie Carter, Shannon McQuillan, Travis Pahl, Jarret Grant, Robert D'Amours, Lindsay Tithicott, Rendy Olthuis, Wendy Krauza

Thank you to our donors!

Wade Turner, Therese Zulinick, Jacob Scissons, Lisa Bruvold, Jesse Cass, Luke Hamilton, Sarah Mullholland, Whitney Lowes, Carine Spilotakas, Mark Willms, Urban Systems Foundation, Ledcor Industries Inc, Darren Crundwell, Dawn Fielding, Tina Lange, Lise Heroux, Sherril Gilmour, The Strollery Charitable Foundation, INEX Building Solutions Inc., Valleyview Overlanders Lions Club

Power Start keeps its cool

The Power Start program was the recipient of a new-to-us fridge donated by Gord's Appliance and Mattress Centre. Sales Manager, Devon O'Toole, pictured centre with School-Aged Programs Leader, Megan Campbell (left), and Programs Manager Kerry Woehle (right). Devon saw our request for help for a new fridge and he and the team from Gord's stepped up, donating a much larger fridge, and taking away our old one. Thank you, Devon and team!



Best Buy plays Santa

Before Christmas, Best Buy (Aberdeen Mall) donated and delivered a large assortment of art supplies, toys, board games, and, much to the delight of our youth!, a PS4 gaming system. Pictured here with Executive Director, Traci Anderson (left) and Programs Manager, Kerry Woehle, is store manager, Jaret Kirkland, and mobile store leader, Jarrod Henson. They delivered all the boxes and helped unpack everything. Our young members were excited to see and play with it all!



We also need to thank:

Daybreak Rotary Club for putting on a Christmas dinner for our youth, everyone who donated to our Christmas hampers, the anonymous person who left us art supplies and sporting goods for our members to use, Kamloops Community Corrections for their Pink Shirt Day donation, and to all of our amazing volunteers for all of their hard work.

Upcoming events:

Spring Break, March 16-20 - registration open
Good Friday, April 10 - Club Closed
Easter Monday, April 13 - Club Closed
Monday, April 27 - Club Closed for staff professional development

Summer Camp registration coming soon!!