

Youth Necessity Nook Wish List

Non perishable food:

Canned ravioli/pasta
Canned chicken/tuna
Soup/rice/Sidekicks
Kraft Dinner/Annie's
Mr Noodle/noodle
bowls
Pasta and sauce
Peanut butter
Jam
Water/Gatorade
Cereal
Crackers
Granola Bars
Pepperoni Sticks
Seaweed
Popcorn
Condiments

Hygiene products:

Shampoo
Conditioner
Body Wash/Soap
Deodorant
Chapstick
Hand Cream
Combs/Brushes
Menstrual Products
Dish Soap
Laundry Pods
Dryer Sheets

New, adult-size
socks and/or
underwear

Toques
Gloves
Blankets
Backpacks

